

Dear EPPN members,

Thanks so much for your engagement and support in our first year of EPPN, establishing this new organization within the field of pediatric psychology. Our year was filled with exciting, inspiring and thought-provoking activities. We want to share with you our achievements in the past year and our objectives for 2022.

Our 3 main goals in 2021 have all be accomplished and are described in brief below. For more information on what EPPN has been up to in the past year, see our newsletters:

<https://sh1.sendinblue.com/v5x7w13w5t7e.html?t=1627979111>

and <https://sh1.sendinblue.com/vdncc13w5t7e.html?t=1639666343>

Goal 1: Host the European Pediatric Psychology Conference (EPPC) face-to-face or virtually, depending on the Covid-19 pandemic.

Progress: We held a successful, virtual European Paediatric Psychology Conference (EPPC) from October 4-6, 2021. There were a total of 171 attendees (across 19 countries), with 3 keynote presentations, 15 parallel symposia, 36 posters and 30 flash talks.

Goal 2: Create a sustainable infrastructure for the EPPN.

Progress: The basic infrastructure for EPPN has been completed, including:

- The development of a clear membership process, including an onboarding questionnaire to gain an overview of the needs and interests of members
- The initiation of a GoogleGroup listserv for members to communicate easily with each other
- Setting up various social media pages, such as a Twitter and Facebook page
- Introducing a regular newsletter: first EPPN newsletter was launched in June 2021. The content was directed at introducing the EPPN and giving some updates on EPPC and the membership process. See full newsletter here: <https://sh1.sendinblue.com/v5x7w13w5t7e.html?t=1627979111>. The second EPPN was sent around in December 2021, with content mainly focused on the past EPPC2021, as well as on our EPPN webinar series and updates on the membership process. See full newsletter here: <https://sh1.sendinblue.com/vdncc13w5t7e.html?t=1639666343>.
- Launching a monthly webinar series, starting in November 2021, as a means of bringing together scientists and clinicians to facilitate discussion; share practice & spark new ideas for our paediatric psychology community. The November webinar was entitled “Acceptance & Commitment Therapy in Paediatric Settings”. The November event attracted over 400 people from across Europe, the United Kingdom, and further afield. The December webinar attracted 140 individuals (with approx. 58 attending). The December session focused on “Adapting Paediatric Psychology Practice during COVID-19”.

Goal 3: Strategic meeting for the EPPN Board. (Members and senior advisors meet to develop specific strategic goals.)

Progress: We had our Strategic EPPN board meeting in January 2021, in which the EPPN board was established, which has met since on a monthly basis to develop EPPN’s activities and infrastructure.

Our goals for 2022 are as follows:

Goal 1: Identify a host country for EPPC 2023 and support the organization of EPPC2023. In addition, to keep the momentum in 2022, organize an EPPN symposium in early summer or fall of 2022.

Goal 2: Building up our membership numbers across Europe.

Goal 3: Continue building the infrastructure of EPPN.

During our strategic meeting in January, we identified two key targets for 2022 in addition to the goals mentioned above. First, we aim for EPPN to support paediatric psychologists in countries where local organizations may not yet exist. We envision EPPN supporting psychologists within their own countries in creating internal networks and assisting in the creation and promotion of activities at the local level. Second, we aim to expand our objectives and initiatives within EPPN to include more opportunities for training and mentorship. EPPN aims to connect mentors and mentees across Europe and North America as well as introduce an offering of trainee-specific activities.

If you have any suggestions, feedback or comments, please contact us at info@europedpsych.com.

Best wishes,
The EPPN Board